



## **Freedom Breakthrough Session**

**Doug Addison [Episode 233]**

**May 18, 2022**

Hey friends, Doug Addison here. Welcome to *Spirit Connection* podcast, May 18, Wednesday, 2022. I've got a prophetic word of encouragement and some practical training that's going to help you get free in your health, through some dark times in your finances. If you need a boost to get out of the wilderness, stay tuned and invite a friend. It's a power-packed time.

Lord, open the heavens. They're already open here. [laughs] So open the heavens over everywhere, virtually. We pray, Lord, that this message would go out to the world to align everyone right now into the season that we're moving into. It's a season of freedom. We pray, Lord, that no matter when someone watches it later on, You're outside of time. You're outside of everything 'cause You're in ... You're in Heaven. On Earth as it is in Heaven, and in Heaven as it is on Earth. We're in agreement right now in Jesus' name. Amen.

Well, my website is [DougAddison.com](http://DougAddison.com), be sure to check things out there. The Lord is releasing new levels of freedom to you.

You know, when God does something new, usually we're the last ones to know about it. It's true. That's why we need each other. We need the internet to be able to stay

connected with each other. We need to be in community, whatever that might look like for you.

You know, something new is brewing right now. Isaiah 43:19, “See, I'm doing a new thing! says the Lord. Now it springs up; do you not perceive it? I'm making a way in the wilderness and streams in the wasteland.” I tell you, just reading that verse, I feel a wave. I feel a wave of the refreshment of the Lord.

This is happening right now, even over my life, some people around me. And I want to release it to you. I feel like in the last few weeks I've come out of house arrest. [laughs] You know, I've been out—it's not like I've been at home or anything, but boy, oh my goodness, it's just freedom that's coming. And that's why I wanted to release it out to you as quickly as I can, release that freedom back out.

So many people have felt like they've been held back, held down and some people even felt ... being held captive. The Lord was showing me this and that He's going to release freedom from things that have been holding you down. This is a strategic season to hear the voice of God and I wanna help you. The Lord's going to move right now on you to get free. And so, freedom is the name of this new season. We're in a season, kind of a transitioning season of freedom.

You know, my testimony in all this—I've gotten free. I've gotten healed of many sicknesses, diseases. You know, I had chemical sensitivity so bad, my goodness. Severe allergies. A few years ago, Lyme disease; I got healed and my blood test turned around. I got healed of anxiety and depression. I got through and I overcame suicidal thoughts and fear. And the big one—, I might be leaving things out, I've got a whole list of them here. I'm feeling good. But the biggest thing is a genetic disease. It's been killing—, killed almost my entire family—called Huntington's disease. Now, I would diagnose gene-positive, and you know, I'm 63 and they put me in a study. The UCLA Medical Center asked me to be part of a study because of the things that are going on with me and other people have died. And it's pretty tragic. But I always ... I forget. I don't

think I have it. [laughs] But anyway, I'm just sayin' you could be free. "Time to get set free," says the Lord. Ephesians 3:12, "In him and through him by faith we approach God with freedom and confidence." It's time to approach the Lord with what you need. Don't be afraid. He's not angry. He's not a taskmaster. He's not an angry Father at all. He's a loving Father. So, it's also a season to get set free from the past.

It's a season for freedom. Second Corinthians 3:17, "Now where the Spirit of the Lord is, there is freedom." I love that worship song, and I'm going to break out in it right now. The Lord's moving in several areas. Freedom in your past seasons. Freedom in your health, freedom out of the wilderness or the dark night of the soul, and freedom in your finances. We're going to hit four of these right now. Those are the big ones.

So, let's go into the prayer for freedom. First of all, everything comes with prayer. You've got to align yourself. You don't have to spend a lot of time. I got some quick prayers I use 'cause I don't have a lot of time, you know, to spend on it. But the Lord is doing something. Here's what you'll need to do. Begin to ask the Lord for the ability, the power, the anointing from Heaven to set you free.

Lord, we pray, give us the power from on high, as Jesus said.

The *dunamis* power is what it's called—power from on high. Here's a strategic prayer. I use this a lot, "Lord, show me what You want me to see." The next one, "Show me what Satan doesn't want me to see about my situation," whatever you're praying about. And the next one was, "Lord, we ask You to speak to us through the Bible, dreams and visions, the Holy Spirit, any way that we can hear You, in Jesus' name. We ask for the open heavens right now. Amen.

I'm going to be zipping in and out of prayer. This whole time is almost like a ... like a heavenly workshop to get you free because there's a special power. You know, the word of my testimony—I got set free from these things. That can actually—, either you could

get an instant freedom off of some things; some things you have to walk out, but it could get you out of the stuck place and into traction. Once you get traction going, then momentum will kick in. The Holy Spirit will help you.

So, here's some keys, then, to get set free from the past. First of all, Proverbs 13:12 says, "Unrelenting disappointments can leave you heartsick, but a sudden good break can turn things around." Whoo-oo. Who needs a sudden good break? Well, let's get rid of those unrelenting disappointments. And we ask, Lord, right now, show us if we have anything from the past season that we need to let go of. Sometimes we have to. People have been angry at the Lord. Sometimes we need to get free of different things. Ask the Lord to show you if there's anything that you need to get free of.

Lord, I now, I lay down the past hurts, disappointments, broken heartedness. I lay down all those things right now at the foot of the cross. I lay them down under the blood of Jesus and I ask that You would cleanse me and set me free.

Now, there's a spiritual alignment that's happening. This is a workshop. This is a powerful "get free" workshop. This just isn't a podcast. This is a time—. Right now, I just felt like something just broke off some people. Wheww. Oh, my goodness. There's a spiritual alignment that's happening.

In Colossians 3:2, "Set your minds on things above." "Lord, I ask that you would align me perfectly with Your will for this season." Don't worry about the will, what it is. "Lord, align me with You for this season, whether I understand it or not, and we break off any ties and chains to the past. We ask now, Lord, that You would reset our connections with You." Reboot in some cases. Reset in others. Control+alt+delete. [laughs] Turn it on, turn it off. You know, we're going to clear off some things. "We ask You, just speak to us now about freedom in this season."

There's a spiritual hunger. There's a spiritual connection right now. And, you know, the key to freedom in my life (your life, too), is found in Proverbs 17:22, "A cheerful heart is good medicine, but a crushed spirit dries up the bones." That's the Word of the Lord. You can take that to the bank. You can take that Word, any Word out of the Bible. You can take it to the Court of Heaven. A cheerful heart is good medicine, but a crushed spirit dries the bone. If you've had some woundedness ...

Lord, we now just take anything—the crushed spirit, dry bones, you know, whatever it might be, the woundedness from the past. Lord, we pray, we just give that to You. We ask that You would give us a cheerful heart.

[chuckles] I just have been stepping into the level of joy. And, you know, when we lose our joy, [phone rings, he laughs] that was ... Whooo, the Lord's calling right now. When we lose our joy, we get a broken heart, and then we come under stress, and it opens up things on our body. And sickness and immune systems can go down. But you know what? Change it right now. Just come into agreement with the Lord. Lay down those burdens, [laughs] lay down those burdens and laugh in the spirit as much as you can. Shift things right now. Whewww.

Let's take a look at getting freedom in your health. That's a big one. Freedom in your health. Third John 1:2 [alert tone] Whooo. There He goes again, He's calling right now. I had everything on mute, and it unmuted. [laughs] I did have everything on mute, and everything unmuted. And so, that's the Lord. He's says, "I'm gonna speak right now—I'm calling." I tell you, I didn't have it on; I had everything here and everything got overridden because the Lord said, "I'm going to break through your mindset. I'm going to break through things right now. [laughs] I'm gonna interrupt some things for you." There's freedom in your health. Third John 1:2, "Beloved, I pray that you may prosper in all things and be in good health, just as your soul prospers."

God wants you to be in perfect— You see, there's a tie-in with your soul (that's your mind, your will and your emotions) and the ability to prosper, not just in your health, but also financially. Because I tell you, God wants you to be in perfect health. He wants you to have the finances to be able to do what He calls you to do when you do it, whatever that might be. That's why at the end of this, we're going to open up your finances too.

And you know, when you don't feel good, you're not a good witness of God's love. And the way to get it is to get into the Lord's love. Jesus said over and over, “What's the greatest commandment? Love God with all your heart, all your soul and all your mind. Love your neighbor as yourself,” He said. That's it. That aligns you. So, get over anything that you might have against God. Love God with all your heart (the anger that you might have against a disappointment). Love your neighbor (anything that you have against other people). Love yourself (get rid of those unloving spirits). Yeah, those are the killers. So, we're going to just fast-forward you here. Ask the Lord for a strategy.

Now notice this. Well, I did a study and when Jesus prayed for the sick, He did not usually use the same prayer more than once. Maybe He did once in a while, but He always was doing something. He would either lay hands on ... or He didn't lay hands on 'em at all.

You know, one time he spits on the ground, makes mud, puts it in a guy's eye. Next time, He says the word. He just said, “I'm just going to say the word. I'm not going to go there. I'm just going to say the word and they'll be healed.” Another time, He mentions, “This one must come out with prayer and fasting.” Doesn't mean all of them. It means just this one must come out with prayer and fasting. And one time, there was a time when He couldn't do it healing because of unbelief. So, I'm just saying, Jesus knew that there's a strategy for each thing. So, don't try to use a formula and ask the Lord for a strategy.

So here are some steps to get a healing strategy. That's how I get—. I tell you, I got out of this (especially some of those sicknesses), I got a healing strategy. Pray specifically for your healing each day. And if you go to a church or a meeting, don't go home without prayer. I'm serious. Don't go home without it. You know, oftentimes there's an anointing to heal you right there at your church or in a meeting, and then people don't take advantage of it. Or maybe it's on a podcast like this, or a meeting—I'm just saying—on a Zoom meeting, get prayer. Humble yourself if you have to, you know, to go up there each week. That's what I was doing.

Find others to agree with. Ecclesiastes 4:12—A cord of three strands. “See, one can be overpowered, two can defend themselves.” We want to do more than that. Three is a powerful three-cord—it's not easily broken.

All right. Another thing in Jesus' name right now, Lord, there is just all kinds of warfare coming against this. And I tell you, I believe the Lord is moving at the highest, highest levels that you would ever see.

And so, [laughs] Shoo-oo, take communion daily, if you can. Quiet yourself. If you can—if you can do this, quiet yourself, you can do that. But you know, decree some Bible verses, Job 22:28 says, “If you decree a thing, it shall be done for you.” So, the Bible verses are like legal documents. And then, also learn about the Courts of Heaven. I'll be offering something later on, and to learn about how you can pray in the courts or in the process or in the format of the Courts of Heaven.

And also, ask God to show you what He wants you to see, and also what Satan does not want you to see about your situation. Take notes. Again, I'm repeating that, I know this. But pray for healing. There's a prayer I want you to—. I'm going to release this over you.

“Lord, I pray that You would reveal the root cause to any health issues that we have, *that I have*,” you're saying this personally. Yeah. “We approach the Throne of Grace boldly.” That's Hebrews 4:16. “And we petition You to bring healing.”

Here's another level—1 Peter 2:24, “He himself bore our sins’ in his body on the cross, so that we might die to our sins and live to righteousness; ‘and by his wounds we are healed.” So listen, we have the cross of Christ, we've got the blood of Jesus. We have everything we need. You have everything you need. You need to just cash in on it.

In Isaiah 53:5, “But he was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was placed upon Jesus and by his wounds we are healed.” This is the power of what happened at the cross. This is the power for healing. It's the power to set you free. It goes beyond just salvation, which is great. But this is a time right now, there's a greater thing going on ...

Freedom from the wilderness. The Lord will use these dry times to help you get strengthened in your faith and move into maturity. So, you don't have to have the wilderness, but it is there. We notice there is a purpose. Jesus, actually, He left the Jordan (Luke 4:1). He left the Jordan once He got baptized by John the Baptist. You know, the Spirit Lord came upon Him, and He went into the wilderness.

So, the wilderness can increase your dependency on God. It can break off some of your soul, any of the soul ties of the soul, of the sinful nature. It can break some things up. You don't want to stay there. God will use it to align us with His will. He'll use it to reveal things. And just as Jesus left the wilderness, we need to be sure that we get out of the wilderness as soon as we can. The dark night of the soul or the dark night of the spirit is actually an extended time of wilderness. And don't glory—. It's not like He— Some people boast like, “I spent years in—.” Get out of the wilderness for crying out loud. You

know, if you're in the dark night of the soul, ask the Lord to bring you in the bright day of the Spirit. For crying out loud, you have everything you need. Get out of there!

There is a time to be in, but don't go there on purpose. You know, some people keep going back in and want to break more of their soul. You just need to get out. Get out of the—, get out of the delivery room, you know, get out of the hospital. We need to be in and out of the hospital as needed. But, boy, don't live there, that's for sure. And you might need inner healing or anointed counseling; a deliverance session or a coach, go to my website [DougAddison.com/Healing-Resources](http://DougAddison.com/Healing-Resources) and I have a list of some ministries that you could be interested in.

So that you can get freedom in your finances ... [I'll] come to a close here with the financial plan that God wants revealed to you. Because prospering in your health and your soul (according to 3 John) is connected. Jeremiah 29:11, “For I know the plans I have for you,” declares the Lord, “plans to prosper you and to not harm you, plans to give you a hope and a future. Then you'll call out to me in prayer, and I'll answer you.” That's verse 12. Put that on your fridge. That's where we want to go.

And a way to get a plan is Isaiah 5:19. I love *The Passion Translation*, the last half of that, “Let the prophetic plan of the Holy One of Israel come to pass so that we may see it!” Whoo-oo. We're going to call that in right now. God wants you to prosper. He wants you to get over some things, you know, so that He can prosper you. And it's the weirdest thing about this spirit of poverty. People think that God doesn't want you to have money. Yes, He does. We just need to break off ungodly belief systems about money—any hidden spirit ties to the spirit of greed, pride, mammon, which is actually worshiping money, the spirit of the flesh of this world, those types of things. But you work those things out. The Lord wants to bless you.

And here are some practical steps about your finances. Be wise, get advice, especially with big decisions. Learn to recognize God's voice and He's guiding you. He'll be

speaking to you about your money. You can do things like—, here's what my wife and I learned to do for years. Learn to live within your means. Use a budget or a spending plan and you can pay off debt, develop savings. Also develop a lifestyle of earning, giving, saving and spending in moderation. If everyone stopped spending, then the whole economy crashes, you know? You want to earn. You want—, some people want to just go hang out with God. It's one of the worst things you can do if you don't have a plan for you financially.

The Lord wants to bless you. Financial blessing is tied in with the gospel. It is. It's tied in with it. The spirit of poverty got in there later on. It's crazy. Update your résumé, you know, update your skills. Start talking to people. Do your best to do—, at your current job. Because if they ever cut your staff or whatever, they won't lose you. They'll want you to be there. There's two verses I really love:

Deuteronomy 8:18, “But remember it's the Lord your God, it is He who gives you the ability to produce wealth, and also confirms his covenant, which he swore to your ancestors, as it is today.” He gives you the ability to make wealth.

Deuteronomy 28:8, “The Lord will send a blessing on your barns and everything that you put your hand to.” (Come on) [laughs] “The Lord your God will bless you in the land he is giving you.” He's going to bless everything that you put your hand to.

You know, true wealth and riches, truly, it's a relationship with God through Jesus Christ. That's true wealth and riches. However, we need both. We need to get healed of both. I tell you, I had to get the spirit of poverty broken off me.

You know, when I moved to L.A. years ago in 2003, we started InLight Connection in Los Angeles. We started in San Francisco a year before, a couple of years before. But 2003, we moved into this part of Los Angeles. And I do not want to stereotype here, you know, but I'm telling you, I lived around a lot of people that were Jewish people, and

none of them ... none of them had a problem with finances. You know, we need to actually get something on this. I read something in a book. I can't remember where it was, but a rabbi had said, you know, "It's you Christians—it's not the Messiah I don't understand, it's the spirit of poverty." He said, "We Jews understand that finances is worship to Yahweh." You just need to get healed of your stuff so that He can bless you, so He can bless you coming in and going out. Get healed right now of those things. The Lord wants to bless you because we are in a time that the storehouses on Earth have been depleted, but the storehouses in Heaven are open.

So, let's shift this now—how to thrive and not just survive. Boy, this is a breakthrough session. This is one of the more powerful words I think I've done. Hosea 2:15, the Lord says, "I will give you back your vineyards." I'll give you your vineyards. Whoo-oo! That's good. Because that's the new wine. That's the provision. "I will also make the valley of trouble a door of hope." Now, some versions call it the "Valley of Achor," but it's actually the "valley of trouble into a door of hope."

The Lord wants to use the things the enemy has tried to do against you. He wants to redeem them and use them for His glory. Many people, you know, they've been in survival mode. That's good. We have to be in sort of provision mode. That's great. You need to get provision that gets you the breakthrough.

But it's time to now get out of the valley of trouble. How about you? And there's a door of hope. Lord opened the door of hope. He opened one over me. We got debt-free, and we've been a blessing ever since we broke the back of debt. Also, you know, I'm healthy now. I got set free in the areas, all the areas we're talking about here, and I'm releasing it. This is a season of change that we need to step out of the past pain and step into the new. So, ask the Lord to give you the full healing and financial breakthrough you need, supernaturally.

Now, sometimes it's instant, other times you walk it out and if you have to walk it out, then you just trust the Lord. He'll open next door. Now, here we go. Here's the Lord's word of encouragement under Joshua 1:9. Write this down, decree this verse. Joshua 1:9, here's what the Lord says, "Have I not commanded you? Be strong and be of good courage. Do not be afraid, nor dismayed, for the Lord your God is with you wherever you go." Joshua 1:9.

Lord, we pray for Your Holy Spirit to activate. This was one of the more powerful freedom breakthrough sessions I've done in 20 minutes than maybe ever. This is action-packed with everything we need with the verses and it's free. [laughs] Everything we need with the verses, the plan and the anointing. We ask Lord, that You would now—, this is a concentrated version of it. You know, I just gave you a concentrated version of everything you need. Add water now—add the Spirit. Add the Holy Spirit to this and it's going to produce something in your life. I tell you, it will, in Jesus' name. Amen.

Whoo-oo! Whoa, DougAddison.com. is my website. I mentioned about the Courts of Heaven. We're running a special right now. In fact, I've never had this before. I haven't done the Courts of Heaven in a while. But we pulled together all my material and created a mastery course, plus some new stuff.

There's too many bonuses to even mention. But it'll help you to develop your ability to pray, to operate in the Courts of Heaven. Go to [DougAddison.com/CourtsMastery](https://DougAddison.com/CourtsMastery). CourtsMastery. It's a huge value. Normally, it would be about \$297. Even at \$97, you know, it's a huge value right now. We've got it going on right now and that price won't stay for long, but it'll help you develop confidence, peace and the presence of the Lord in your life. And it really will. It's a powerful thing.

Also, I have a special offer going on and it's the [\*Growing in Prophetic Wisdom and Understanding\*](#) online workshop. *Growing in Prophetic Wisdom and Understanding*. Just go to [DougAddison.com/Growing](#). It's normally \$37. We're offering it for \$27 right now.

Consider becoming a Partner with InLight Connection. We're reaching the world through the internet. Just go to [DougAddison.com/Partners](#) and become a Partner. We've got a team that'll help you. We've got a Partner coach. We've got an internal network. We moved off of Facebook Live, but we have a ... we have a private—, a couple of different private websites where you can interact with our coaches—pray with them. They have prayer meetings each week. Plus, once a month I have a meeting with the Partners, and I release prophetic—our whole team (or some) releases live prophetic words over you. Just go to [DougAddison.com/Partner](#).

All right, everybody. Love you all so much.

Can't wait till next week. See you then.

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